

# MBC course - Views

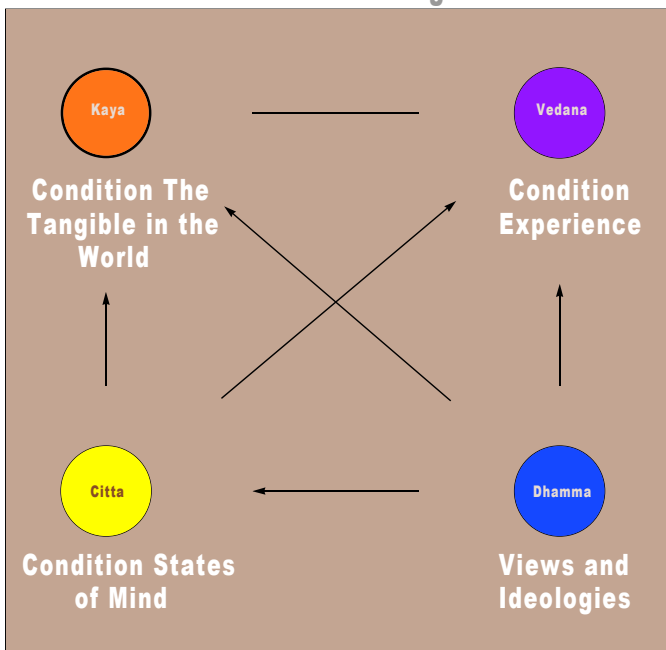
Our views and ideologies condition what appears in the world, feeling and states of mind, and vice versa.

The wrong view that there is nothing after death (I think better expressed as there being no follow on from our actions) leads one to pursue pleasure now. But this view doesn't work when there is a follow on. Then one then reaps the consequences of that view by being unprepared (as the 'Gods' do when their lifetime comes to an end).

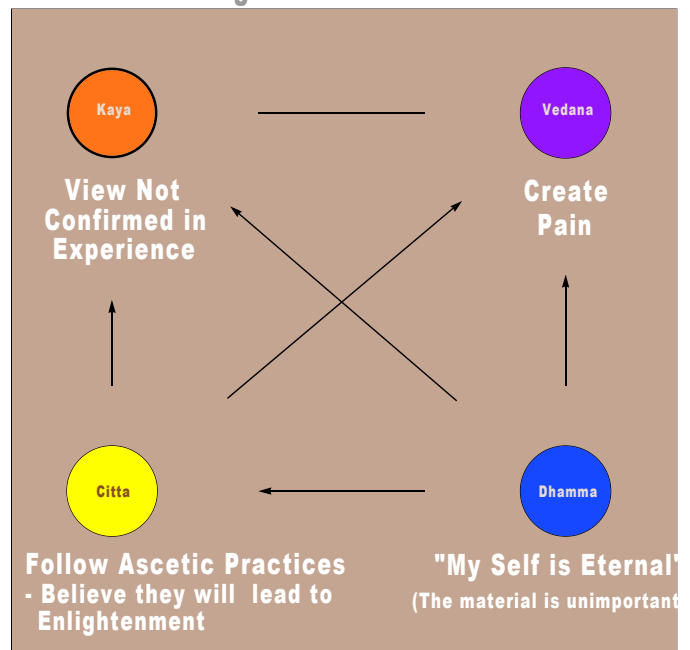
The other wrong view, which the Buddha-to-be in his ascetic phase discovered did not work, is that of believing one has a permanent fixed self (atman), to be revealed by torturing oneself through ascetic practices.

In terms of the satipatthanas we could see these as over-favouring firstly feelings / material things, and secondly ideas. The Middle way does not favour one satipatthana over any other. All are part of conditionality, all need to be taken into account. In meditation, for instance, one develops (immaterial) mental states but one does so with the help of the material (body).

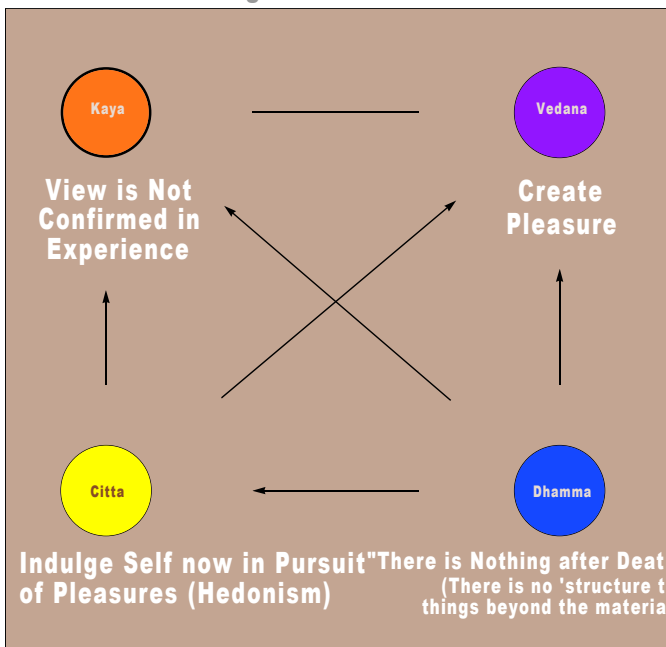
## Views and Ideologies



## Wrong View of Eternalism



## Wrong View of Nihilism



## The Middle Way

